



SALISH
BH-ASO
R.E.A.L.
PROGRAM

RECOVERY NAVIGATOR PROGRAM (R.E.A.L)

- SB5476, which is a legislative response to state v. Blake decision, requires BH-ASOs to establish a regional recovery navigator program.
- This program is intended to provide referral and response for law enforcement jurisdictions to divert from legal action for individuals presenting with substance use or co-occurring needs.
- This is a LEAD-like program to increase diversion and access to supportive services and treatment for individuals.

RECOVERY NAVIGATOR PROGRAM (R.E.A.L)

R.E.A.L. PROGRAM

RECOVERY.EMPOWERMENT.ADVOCACY.LINKAGE

- PROGRAM DRIVEN BY HARM-REDUCTION,
- TRAUMA INFORMED,
- CULTURALLY INCLUSIVE PRINCIPLES,
- IS INTENDED TO BE STAFFED BY INDIVIDUALS WITH LIVED EXPERIENCE.

RECOVERY NAVIGATOR PROGRAM (R.E.A.L)

- **SBH-ASO'S APPROVED PLAN PROVIDES FOR 5 TEAMS ACROSS THE 3-COUNTY REGION.**

CLALLAM COUNTY/WEST JEFFERSON COUNTY:

- ☐ PENINSULA BEHAVIORAL HEALTH (PBH) **360-457-0431, PRESS 5**
- ☐ REFLECTIONS COUNSELING SERVICES GROUP **360-452-4062, PRESS 1**

EAST JEFFERSON COUNTY:

- ☐ DISCOVERY BEHAVIORAL HEALTHCARE (DBH) **360-385-0321 EXT 154**

KITSAP COUNTY

- ☐ NORTH KITSAP: WEST SOUND TREATMENT CENTER (WSTC) **360-881-7887**
- ☐ SOUTH KITSAP: AGAPE UNLIMITED **360-917-0008**

- **EACH R.E.A.L. PROGRAM PROVIDES, AT MINIMUM, A PROJECT MANAGER, A CARE MANAGER, AND 2 RECOVERY COACHES.**

RECOVERY NAVIGATOR PROGRAM (R.E.A.L)

- THE R.E.A.L. PROGRAM TEAMS PROVIDE COMMUNITY-BASED SERVICES TO INDIVIDUALS IN NEED.
 - *PRIORITY POPULATIONS:*
 - INDIVIDUALS WITH SUBSTANCE USE OR CO-OCCURRING NEEDS
 - INDIVIDUALS WITH FREQUENT CONTACT WITH LAW ENFORCEMENT OR FIRST RESPONDERS
 - INDIVIDUALS WHO HAVE HAD CHALLENGES ACCESSING SERVICES UNDER THE TRADITIONAL SERVICE MODEL
 - *REFERRAL SOURCES:*
 - PRIORITIZE LAW ENFORCEMENT REFERRALS
 - MAY TAKE COMMUNITY REFERRALS FOR THE PRIORITY POPULATIONS

RECOVERY NAVIGATOR PROGRAM (R.E.A.L)

- VOLUNTARY
- CLIENT DRIVEN SERVICES-MEETING PEOPLE WHERE THEY ARE AT
- 90% OF STAFF TIME IS INTENDED TO BE IN THE COMMUNITY
- NO TIME LIMIT TO SERVICES

TEAMS MAY PROVIDE (BASED ON IDENTIFIED NEED):

- ❖ OUTREACH AND ENGAGEMENT
- ❖ LIGHT CASE MANAGEMENT
- ❖ INTENSIVE CASE MANAGEMENT

RECOVERY NAVIGATOR PROGRAM (R.E.A.L)

- **MINIMUM** PROGRAM HOURS DURING ROLLOUT INCLUDE: 9 AM-5 PM MONDAY THROUGH SUNDAY, WITH SOME PROGRAMS PROVIDING ADDITIONAL COVERAGE.
- THE GOAL IS TO PROVIDE 24-HOUR RESPONSE TO OUR COMMUNITIES.
- REFERRAL BY PHONE. LEAVE VOICEMAIL IF NO ANSWER.
 - INDIVIDUAL NAME, NEED, LOCATION, CONTACT INFORMATION AS AVAILABLE
- RURAL RESPONSE IN 60-90 MINUTES

RECOVERY NAVIGATOR PROGRAM (R.E.A.L) POLICY COORDINATING GROUP

GROUP OF COMMUNITY LEADERS TO DEVELOP AND REVIEW PROTOCOLS AND PROCESSES FOR INDIVIDUALS SERVED BY THE R.E.A.L. PROGRAM TO INCLUDE:

- LAW ENFORCEMENT/FIRST RESPONDERS,
- R.E.A.L. PROJECT MANAGER,
- COMMUNITY NAVIGATOR/CO-RESPONDER/LEAD-LIKE PROGRAMS,
- TREATMENT PROVIDERS,
- OTHER COMMUNITY STAKEHOLDERS AS IDENTIFIED.

RECOVERY NAVIGATOR PROGRAM (R.E.A.L) OPERATIONAL WORK GROUP(S)

GROUP OF COMMUNITY PARTNERS TO COORDINATE COMMUNITY RESPONSE (*BY COUNTY*) FOR INDIVIDUALS REFERRED/SERVED BY THE R.E.A.L. PROGRAM TO INCLUDE:

- LAW ENFORCEMENT/FIRST RESPONDERS,
- R.E.A.L. PROGRAM STAFF,
- COMMUNITY NAVIGATOR/CO-RESPONDER/LEAD-LIKE PROGRAMS,
- TREATMENT PROVIDERS,
- OTHER COMMUNITY STAKEHOLDERS AS IDENTIFIED.

MEDIA (BLUE FRONT/GREEN BACK)

Kitsap County R.E.A.L. Program

Who to Refer?	<ul style="list-style-type: none"> • Not in Immediate Crisis (Refer to Back of Card). • Mental Health or Substance Use Treatment Needs. • Frequent legal system contact/At risk of arrest. • Do not need to be abstinent or in recovery.
Contact	NORTH KITSAP: WSTC 360-881-7887 SOUTH KITSAP: Agape Unlimited 360-917-0008
How?	Call to a R.E.A.L. Team (See above).
What?	<ul style="list-style-type: none"> • Request R.E.A.L. Program. If no answer, Leave message. • Basic information: Referred, Contact Number, Location of Individual. Your name and phone number.

Clallam County R.E.A.L. Program

Who to Refer?	<ul style="list-style-type: none"> • Not in Immediate Crisis (Refer to Back of Card). • Mental Health or Substance Use Treatment Needs. • Frequent legal system contact/At risk of arrest. • Do not need to be abstinent or in recovery.
Choose	Peninsula Behavioral Health 360-457-0431, Press 5 OR Reflections Counseling Services Group 360-452-4062, Press 1
How?	Call to Request R.E.A.L. Team (See above).
What?	<ul style="list-style-type: none"> • Request R.E.A.L. Program. If no answer, Leave Message. • Basic information: Referred, Contact Number, Location of Individual. Your name and phone number.

East Jefferson County R.E.A.L. Program

Who to Refer?	<ul style="list-style-type: none"> • Not in Immediate Crisis (Refer to Back of Card). • Mental Health or Substance Use Treatment Needs. • Frequent legal system contact/At risk of arrest. • Do not need to be abstinent or in recovery.
Contact	Discovery Behavioral Healthcare 360-385-0321, Press 154
How?	Call to Request R.E.A.L. Team (See above).
What?	<ul style="list-style-type: none"> • Request R.E.A.L. Program. If no answer, Leave Message. • Basic information: Referred, Contact Number, Location of Individual. Your name and phone number.

WHEN AN INDIVIDUAL IS IN CRISIS:

The Salish Regional Crisis Line
 Request a Mobile Crisis Outreach for crisis intervention or evaluation for involuntary treatment.

1-888-910-0416

RECOVERY NAVIGATOR PROGRAM (R.E.A.L) CONTACTS

Salish BH-ASO R.E.A.L. (Recovery.Empowerment.Advocacy.Linkage) Program (RNP)				
Agency	County	Name	Role	Email
SBH-ASO	Clallam, Jefferson, and Kitsap County	Martiann Lewis	RNP Administrator	mlewis@co.kitsap.wa.us
		Jolene Kron	Deputy Administrator/ Clinical Director	jkron@co.kitsap.wa.us
Agape Unlimited	Kitsap	The R.E.A.L. Program	360-917-0008	
		Verna Lisa Colon	Project Manager & Clinical/Team Supervisor	vcolon@agapekitsap.org
West Sound Treatment Center		The R.E.A.L. Program	360-881-7887	
		Keyera Gaulden	Project Manager	keyera.gaulden@wstcs.org
Discovery Behavioral Health	Jefferson	The R.E.A.L. Program	360-385-0321, Press 154	
		Leeann Peterson	Project Manager & Clinical/Team Supervisor	leeannp@discoverybh.org
Reflections Counseling Services	Clallam	The R.E.A.L. Program	360-452-4062, Press 1	
		G'Nell Ashley	Co-Project Manager & Administrator	gnell@rcsgpa.org
		Luisa Sheppard	Co-Project Manager & Clinical/Team Supervisor	luisa@rcsgpa.org
Peninsula Behavioral Health		The R.E.A.L. Program	360-457-0431, Press 5	
		Sandra Allen	Project Manager	sandraa@peninsulabehavioral.org