

STEPUP

Special Training in Emergency Preparedness for Unique People



Offers Ongoing, "Six Part Series" FREE Workshops for People with Disabilities, Special Needs & Vulnerable Populations

How To Be Prepared For A DISASTER!!

You will Learn:

- ☑ *About Emergency First Aid*
- ☑ *Crucial Items you should have in your First Aid Kit*
- ☑ *Taking Care of Your Pet During a Disaster*
- ☑ *Your Emotional Self in a Disaster*
- ☑ *What to do in an Earthquake, a Tsunami or for Flooding*
- ☑ *How to Shelter in Place & Prepare Your Home For an Emergency*
- ☑ *What to Expect at a Red Cross Shelter*
- ☑ *What Supplies & Foods you should have in your Grab & Go Backpack*



But wait there's more!

You will receive

***a FREE Grab and Go Backpack with
FREE Emergency Supplies!!***



FOR MORE INFORMATION OR TO SIGN-UP FOR AN UPCOMING WORKSHOP

Contact:

**Jefferson County Public Health
615 Sheridan, Port Townsend WA 98368
@385-9400**

www.jeffersoncountypublichealth.org