



# Jefferson County Behavioral Health Programs Funded by 1/10th of 1% Sales Tax draft

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## Staff/

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## BH Advisory Committee MTGS

Meetings are normally held the first  
Tuesday of every other month

Jefferson County Public Health  
615 Sheridan, Port Townsend, WA  
3:00 p.m.— 5:00 p.m.  
PACIFIC ROOM

## How 1/10th of 1% Funding Came to Be~

In 2005, Washington State enacted legislation sponsored by Senator Hargrove that authorized Counties to impose a one-tenth-of-one-percent local sales tax to fund new mental health and chemical dependency treatment programs and therapeutic court services.

## Goals of the Washington State legislation:

- Reduce negative impacts of mental health & substance abuse on children and families
- Avoid building more jails and prisons and prevent the number of crime victims
- Minimize public assistance expenditures and unemployment
- Reduce homelessness
- Lower physical healthcare and emergency room costs
- Improve recovery outcomes and quality of life for those with substance abuse and mental health disorders

## Jefferson County Commissioners 1/10th of 1% Sales Tax Funding

*The Jefferson County Board of County Commissioners was the first in the state to approve the tax in Ordinance No. 08-1003-05, signed October 3, 2005.*

*By enacting this 1/10<sup>th</sup> of 1 percent sales tax (or Mental Health/Substance Abuse Sales Tax), the County enhanced funding for prevention, diversion, and intervention that creates, or enhances, services for youth and adults who are mentally ill, chemically dependent, or who have co-occurring disorders and also services that help contain or divert the growth of the jail's population.*

## PRIORITY FUNDING AREAS-(draft)

- 1) *Reduce the incidence and severity of behavioral health disorders in youth; decrease initial or further involvement with our criminal justice system by providing community-based prevention/treatment in children's centers, school campuses, or in homes for families & children coping with mental illness or substance abuse.*
- 2) *Reduce the incidence and severity of behavioral health disorders while improving the health status and well-being of all Jefferson County residents, by providing treatment for mental illness, substance use disorders and co-occurring disorders.*
- 3) *Reduce recidivism within our criminal justice system by providing therapeutic courts that coordinate substance abuse & mental health court referrals, family dependency, housing, transportation services and other needs within the adult courts.*
- 4) *Reduce an inmates future contact with the criminal justice system by increasing recovery thru trauma-informed behavioral health interventions in the jail, by coordinating and providing substance use disorders and mental health assessments, counseling treatment and in-patient referrals during incarceration.*
- 5) *Divert adults with substance abuse disorders and mental health issues from re-cycling through costly interventions like hospitals, emergency rooms and jails, by providing case management-related services for those suffering from mental illness and/or substance abuse (e.g. housing, medical, employment, etc.).*

*Thank you to Kitsap County Human Services for the use of this template~*

# **JEFFERSON COUNTY BEHAVIORAL HEALTH PROGRAMS- FUNDED BY 1/10TH OF 1% SALES TAX**

## **BELIEVE IN RECOVERY: JAIL/Inmate Services**

**Description:** A Chemical Dependency Professional, (CDP) assesses subjects booked into jail for substance use disorder and/or withdrawal, provides services/referrals for inmates with substance abuse dependencies to: DBH, (Mental Health Provider) Jefferson County Public Health & the Jail Medical Provider, coordinates care with Safe Harbor and the Therapeutic Courts, and assists with inmate placement into treatment programs. CDP actively recruits inmates with substance abuse issues to participate in a weekly class.

## **DISCOVERY BEHAVIORAL HEALTHCARE: CODIT PROGRAM**

**Description:** Discovery Behavioral Healthcare provides substance abuse treatment, along with continuing mental health services and UA's for 24-40. Jefferson County citizens with co-occurring disorders (with severe & persistent mental illness), seeking Mental Health and Substance Abuse treatment.

## **DISCOVERY BEHAVIORAL HEALTHCARE: TRANSITIONAL HOUSING**

**Description:** Discovery Behavioral Healthcare provides transitional housing services for up to 10 Jefferson County citizens who are at immediate risk of or a continuing risk of psychiatric hospitalization, or who have been recently discharged from the hospital without a home. The following is provided: market rate rent for one apartment at Thomas Street Apartments, rent of one room at Bayside Hotel for an individual with severe mental illness who is currently homeless and overnight housing for up to 3 nights a month at Harborside Inn, for citizens needing immediate short term housing.

## **JUMPING MOUSE CHILDREN'S CENTER: BRINNON SCHOOL DISTRICT PILOT PROJECT**

**Description:** Jumping Mouse has set up a satellite center in the Brinnon School District. JM provides weekly long-term therapy to four children who attend Brinnon School, provide supports & education to parents/caregivers and the teachers/staff of the children in therapy.

## **JUMPING MOUSE CHILDREN'S CENTER: COUNSELING SERVICES FOR CHILDREN**

**Description:** Services to traumatized children who have been directly impacted by a parent's substance use disorder and/or mental illness; services also provided to the children's caregivers. Jumping Mouse is reaching some of the most at-risk members of our community, preventing substance abuse & mental health problems before they begin.

## **JEFFERSON COUNTY: PUBLIC HEALTH: NURSE FAMILY PARTNERSHIP**

**Description:** Public Health Nurse serves low-income first-time pregnant mothers with social/health indicators, (recent personal history of substance use and/or mental illness) that increase the risk for poor outcomes for mother and infant. PH Nurse treats the mother using behavior change theory & motivational interviewing for quitting substances, preventing relapse, treating mental illness, addressing intergenerational patterns within the family system.

## **OlyCAP: TRANSITIONAL HOUSING**

**Description:** Olympic Community Action, (OlyCAP) provides transitional housing at the Haines Street Cabins, for individuals with substance use disorder or mental illness who are participating in Therapeutic Courts or who are discharged from Jail or a Hospital without a home. The 1/10th of 1% fund pays for utilities at the cabins.

## **PT POLICE NAVIGATOR**

**Description:** A Navigator is a Mental Health Professional who provides case management services to individuals who come into contact with Port Townsend Police officers and appear to need mental health and/or substance abuse interventions. Services are designed to reduce recidivism in jails and emergency rooms and to provide recovery for those individuals.

## **MCS: SCHOOL BASED COUNSELING SERVICES**

**Description:** Mental health Professionals provide therapeutic services, to students in the Port Townsend, Chimacum, Quilcene and Brinnon School Districts. Consultations with school staff and other agencies are also provided for the students engaged in the program. Easy access to experienced professionals with no financial burden to the family has proven its worth in high levels of participation at all four school sites.

## **THERAPEUTIC COURT PROGRAMS-Behavioral Health COURT, Drug COURT and Family Therapeutic COURT**

**Description:** The Therapeutic Courts serve the population who are involved with the Criminal Justice System and would likely be incarcerated. Participants in Drug Court and Family Therapeutic Court, (FTC) have a substance abuse issue and participants in Behavioral Health Court have mental health disorders. Therapeutic Courts provide an opportunity for participants to work on their underlying issues, therefore reducing the jail population & is an essential element of restorative justice.

**RECOVERY CAFÉ Description:** A drug and alcohol free place where café members recover from mental illness, homelessness, domestic violence, addiction and trauma.